



Suncoast Yellow Ribbon Suicide Prevention Program

“Learn from this and help each other.” —PS in Timothy McClelland’s suicide note

Newsletter

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Notice of Monthly Meeting

Monday, October 9, 2006, 7 pm
Seminole Community Library
St. Petersburg College Campus
9200 113th St. N., Seminole, FL 99772

Gatekeeper Training. Become a part of the growing number of people who are trained to recognize the warning signs and risk factors of suicide and the do’s and don’ts of dealing with someone in suicidal crisis.

This is an important Mental First-Aid course that could save the life of someone you know!!



SPAN USA 11th National Awareness Event

Donations Now Accepted by PayPal

Suncoast Yellow Ribbon is pleased to announce that donations can now be made through the convenience of using PayPal. **It’s Fast, it’s Private and it’s Fully Secure.**

Like all small organizations, we continue to push our financial resources. *Your charitable gifts make an important difference in what we are able to accomplish.*

We are a recognized 501(c)(3) non-profit organization and your contributions are tax deductible.

Making a charitable contribution is easy.
Go to our website www.suncoastyr.org and click on
“Donations accepted here!”

Take a Minute—Save a Life!

Did you know that SPAN USA has made it easy to be an armchair advocate for suicide prevention? Finding out about what’s going on in your state or at the national level is just a few keystrokes away. Just go to www.spanusa.org, insert your zip code (top right-hand corner) and you’ll get a list of Action Alerts pertaining to suicide prevention and mental health parity. You can even select pre-written advocate letters to send to your legislators. And, the list is automatically generated for you! This is a very simple, almost effortless way to make a difference and really have your voice heard.

Together we CAN make a difference!

Notes from Bonnie

September was a very busy month for me with two out-of-town trips.

First, Evon Fales (Tampa) Marlene Jehs (Largo) and I (Seminole) trekked to Washington, D.C., for SPAN USA’s 11th National Awareness Event. You can read more about our visit at <http://www.suncoastyr.org/dctrip0906.htm>.

Then, I had the privilege to take the last “SOS Support Group Facilitators Training and Support Team Training” facilitated by Iris Bolton. What a wonderful experience it was for me! Iris wrote a book called “My son...My son...A Guide to Healing After Death, Loss, or Suicide.” This book had a powerful impact on my life—it helped give me the courage to go on after Tim’s death. I would recommend this book to anyone who has had a child die by suicide. (Note: The Link Counseling Center in Atlanta, Georgia, will continue to offer the class; however Iris is retiring from teaching.)

In next month’s newsletter as I will be announcing some BIG changes for our organization. While we do some stretching and growing, we look forward to your continued support.

See you at the quilt dedication ceremony this month!

Suncoast Florida Lifekeeper Memory Quilt Dedication Ceremony



2006 Suncoast Florida
Lifekeeper Memory Quilt

A slideshow of the quilt is being put together and will be posted to our website in the near future.

Date Saturday, October 21, 2006

Time 3:00 p.m.

Location: First Evangelical Lutheran Church
1644 Nursery Road
Clearwater, FL 33756

Details: We have a wonderful program planned to dedicate our first Lifekeeper Memory Quilt. This dedication is open to anyone wishing to attend. For those of you with a loved one pictured on the quilt, this is an excellent opportunity to share the quilt with family and friends.

Contact: Bonnie McClelland
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Note: If you have a loved one included on the quilt, Bonnie would appreciate being notified in advance if you are planning to attend.