



# Suncoast Yellow Ribbon Suicide Prevention Program

“Learn from this and help each other.” —PS in Timothy McClelland’s suicide note

## Newsletter

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Bonnie McClelland, Chapter Director  
Phone: 727.394.8222  
Email: [Bonnie@SuncoastYR.org](mailto:Bonnie@SuncoastYR.org)  
Website: <http://www.SuncoastYR.org>

### Notice of Monthly Meeting

Monday, June 12, 2006, 7 pm  
Seminole Community Library  
St. Petersburg College Campus  
9200 113th St. N., Seminole, FL 99772

FREE Suicide prevention training—a simple mental first-aid course for everyone. Learn the warning signs and risk factors, coping skills, and the do’s and don’ts of dealing with someone in suicidal crisis.

For more information, contact Bonnie McClelland at 727-394-8222 or [Bonnie@SuncoastYR.org](mailto:Bonnie@SuncoastYR.org).

Donations are appreciated.

### 2005 Florida Suicide Prevention Bills

It’s “back to the drawing board” in January 2007 to advocate for a full-time Suicide Prevention Coordinator. While the House passed HB527 this year, with only five no votes, unfortunately the Senate never got around to voting on SB1008.

Additionally, the bills to match funds for suicide prevention programs in Central Florida high schools also failed to pass.

We again thank those of you who worked so hard with us to back these bills and hope that we can count on your continued support.

### A Suicide Curse by Evelyn Brine, Freeport, Maine

They stood alone in the dark,  
A numbness tore at their Heart,  
for their child completed suicide,  
An emptiness they could not Hide.

Could not hide? What do you mean?  
Why hide the facts that need to be seen?  
Were you one moment yet Ashamed,  
It would be degrading to your Name?

As it was many many years ago?  
Shh!, We must not Let anyone Know,  
So They kept it all repressed,  
Next generation Met the same Death!

Repression is terrible indeed,  
Never brings help to one in Need,  
Nothing to be ashamed about suicide,  
It Is simply the Way one was to Die.

The only shame that one should Feel,  
The fact, their illness could not be Healed!  
If It was Cancer or any other Disease,  
Society would never put on the freeze.



“The Lifekeeper Memory Quilts are displayed for all to view at the heart of our nation’s capital.”

For more details, go to <http://www.spanusa.org>

### Suncoast Florida Lifekeeper Memory Quilt

We want to remind you that **all squares for our Suncoast Florida quilt need to be completed by August 1, 2006**. This will allow us to have the quilt finished in time to take it to the September 2006 SPAN USA conference in Washington, DC.

Patty Hanson, mom of Jessica Palmisano and a quilter, has volunteered to help complete the quilt. Thank you Patty!

We encourage you to make a personalized square, but if you would like us to make one for you, send us a picture with the name and dates.

If you need basic instructions on how to create a quilt square, please call 727-394-8222 or email [Bonnie@SuncoastYR.org](mailto:Bonnie@SuncoastYR.org) and request a copy.

Don’t miss out on this opportunity to help make a difference and share your beautiful loved one.

How do we educate The clueless Ones?  
We start by doing what must be done,  
I for one would Definitely Insist,  
Died by suicide, Read The Obit.

By doing this, What would I Gain?  
Maybe another would do the Same,  
It could become A lengthy chain,  
Proving that none of us are Ashamed.

Our children lived, To society they Gave,  
Carrying their illness, they were Brave,  
They did not wait and sit idly By,  
Knowing that they were going to die.

They lived A life that was Fulfilling,  
Doing their job which included giving,  
To society whatever the cost,  
How soon, It Would be their Loss.

For Society has become their judge,  
Society still holds A Grudge,  
It Is up to us to change this Course,  
To Rid our loved ones of the suicide curse.

### 2006 Evening of Remembrance Event

We are in the planning stage for our annual “Evening of Remembrance” for survivors of suicide. This event is scheduled for the evening of July 9, 2006, with a rain date of July 15. Also, because of the John’s Pass Bridge construction, this year’s event will be held at Archibald Beach on Madeira Beach.

Volunteers are needed to help with setup, assist during the event and help with dismantling. Please contact Bonnie at 727-394-8222 or [Bonnie@SuncoastYR.org](mailto:Bonnie@SuncoastYR.org) and let her know you are available.

A flyer with details is forthcoming.

To remove your name from our mailing list, please email [Bonnie@SuncoastYR.org](mailto:Bonnie@SuncoastYR.org).  
Questions or comments? Email us at [Bonnie@SuncoastYR.org](mailto:Bonnie@SuncoastYR.org) or call Bonnie at 727.394.8222.