



# Suncoast Yellow Ribbon Suicide Prevention Program

"Learn from this and help each other." —PS in Timothy McClelland's suicide note

Bonnie McClelland, Chapter Director  
Carol Yaros, Assistant Director

## Newsletter

February 2006

<http://www.SuncoastYR.org>

### Notice of Monthly Meeting

Wednesday, February 15, 2006, 7 pm  
Seminole Community Library  
St. Petersburg College Campus  
9200 113th St. N., Seminole, FL 99772

Grab a friend or two and join us this month for **Gatekeeper Training**. Taking this simple "mental first aid" course can save lives—just like learning CPR!

This free training is designed to help anyone recognize and understand the symptoms, risk factors and warning signs of suicide and how to help in a crisis. The difference one person can make in the life of someone in need is immeasurable.

We hope you will take advantage of the opportunity to contribute to the mental health of your community.

### Help Stop Pro-Suicide Internet Sites

A petition has been posted on [PetitionOnline.com](http://PetitionOnline.com) (a free site providing online hosting of public petitions for responsible public advocacy) to rid the Internet of any information that promotes suicide. [Click here](#) to read the petition.

We agree with what this petition says and think you might too. Please consider adding your signature.

### West Coast Florida Lifekeeper Memory Quilt Project

Help send the message that suicide is about individuals and families, not statistics, by participating in our creation of a *Lifekeeper Memory Quilt*. The quilt will be used to help raise awareness and prevent suicide by putting a face to lives lost to suicide in West Coast Florida.

Patti Hansen has agreed to help coordinate this project. And, our goal is to have the quilt completed in time to be part of the annual quilt display in Washington, DC, during SPAN USA's 2006 National Awareness Event.

[Click Here](#) for more info about The Lifekeeper Foundation.

### Hear Bonnie on WTMY Talk Radio in Sarasota

On Wednesday, February 8, 2006, at 10pm, Bonnie will be a guest on *The Cosmic Traveler*. She will be talking with Dr. Richard Schulman and his wife Lori about suicide prevention and how it feels to be a survivor. (Note: Dr. Schulman has been instrumental in helping Bonnie cope with the death of her son, Tim.)

To hear the broadcast, click on the "Listen Live" button at [www.wtmy.com](http://www.wtmy.com).

Please reach out and spread the word. Someone you know or come in contact with might be looking for more information or may need to hear this broadcast.

**PS. Bonnie would love it if someone would record the program for her.**



Lifekeeper Quilts on display at U.S. Capitol

### Suicide Memorial Wall Being Built in Columbia, Tennessee

The Parents of Suicides and Friends and Families of Suicides Internet support communities are erecting the first physical international Suicide Memorial Wall. Their intent is to provide a healing place for survivors—somewhere for them to list and honor the names of their loved ones and to remind others that suicide is real. For more information and to order a memorial tile, [click here](#) to go to their web site.

Bonnie had a tile made for Tim and got a copy for herself. She will be bringing her tile to the monthly meeting if anyone would like to see what a tile looks like.

### Mark Your Calendars!



Suncoast Yellow Ribbon banner hanging in Florida Capitol Rotunda in 2005

4th Annual  
Florida Suicide Prevention Coalition Day at the Capitol  
Tuesday, March 21, 2006

Press Conference with Governor Bush  
2:25 to 2:45 pm  
Capitol Courtyard Steps

(more info will be sent out when available)

Contact [Bonnie](#) if you are interested in joining her in Tallahassee.

To remove your name from our mailing list, please [click here](#).  
Questions or comments? Send us an [email](#) us or call Bonnie at 727.394.8222 or Carol at 813.245.6037.